

# Pop-In Drop-In: Accessibility & Mental Well-Being

#### What is Student Success Services?

Student Success Services is your go-to place for support—whether you need academic accommodations, help managing your mental health, or just someone to talk to about how things are going. They work with students who have documented disabilities, but also offer learning strategies, assistive tech, and referrals for assessments. If you're feeling overwhelmed or unsure, this is a great first step.

## Can I access support if I don't have a documented disability?

Yes. You can still access support for things like time management, study skills, organization, and note-taking. There's also peer tutoring available for a small fee if you want extra help in a specific subject.

## Is there a deadline to register with Student Success Services?

There's no set deadline to register with Student Success Services, but if you anticipate needing accommodations or mental health support, it's best to connect early so we can ensure everything is in place when you need it. If you're unsure about what documentation is required for academic accommodations, feel free to reach out—our team will be happy to guide you through the process.

#### Are services available on all campuses?

Yes! There are offices at College Drive, Commerce Court, and Aviation campuses. If you're at West Parry Sound, you can connect virtually or by phone. If you have testing accommodations all four of our campuses are able to provide in-personal accommodated testing.

#### What mental health supports are available for students?

Students can book appointments with a mental health therapist, nurse, or advisor. The CARES peer support program offers workshops, events, and drop-ins. Mental health services include short-term support, awareness events, and community referrals. All campuses are supported, and events are listed on the iSucceed platform.

## Is there a psychiatrist on campus?

No. Students requiring psychiatric services would be referred to community providers.

#### How do I register with Accessible Learning Services?

Students can register online through the <u>Accessible Learning Services</u> page or by emailing <u>studentsuccessnow@canadorecollege.ca</u>. Our friendly staff will walk you through the process and help you book an appointment.